

Private Lessons Information

for Emily Wolfer

Contact Information

ewolfer@ccallstars.com
703-403-6234 (use for specified occasions only)

The best way to contact me is via email. I can check email while at the gym. If you do not have access to email the day of a lesson you may leave a message on my cell phone.

Admittedly, I do not always remember things that I am told verbally at the gym. Please always email me if you are telling me something important.

Private Lesson Cancellations

24 Hour Notice Policy:

If you need to cancel a lesson, please email as soon as possible so that I may adjust my schedule. I do require at least 24 hours advance notice via email or the lesson will need to be paid for in full regardless of the reason for cancellation. If you are late you will still need to pay for the entire lesson.

If a lesson is a "no show," this means that I was not contacted beforehand about the lesson needing to be cancelled. After 3 "no shows" the individual will lose his/her recurring timeslot and will not be able to reserve a recurring lesson for a minimum of one month.

How to Cancel:

All you need to do to cancel a lesson is send me an email and as long as I respond before the 24 hour deadline, you do not need to call me. If I do not respond, please call my cell phone (703-403-6234) and leave a message.

Please remember to cancel lessons even if they are on holidays and you would expect that I would cancel that day anyway. On many occasions, I still do lessons on holidays. If you do not cancel you will need to pay for the lesson in full.

Capital Cheer Members: Please always notify me 24 hours in advance to cancel lessons even if they are during a time where you have a specific Capital Cheer event/competition and would have expected me to know that you would not be there. I may not be aware of your team's schedule or I may still plan to do the lesson if it is not during the time that you are actually at the event.

Instructor Cancellations:

If I have to cancel a lesson due to the weather or an emergency, I will email a minimum of one hour before the lesson. If you need to be notified in a different way please email me your contact information.

Payment

Lessons should be paid for in cash or check made payable to Emily Wolfer at the start of the lesson. Payments may be made in advance monthly if you like. Simply write the dates of the lessons paid for on the check to help eliminate any possible confusion.

Half Hour Lessons

1 person: \$30
2 people: \$20 each
3 people: \$15 each

Hour Lessons

1 person: \$60
2 people: \$40 each
3 people: \$30 each

Returned Check Charge: \$10/check

Setting up Lessons

I am currently only available on Saturdays.

- Email me:
 - Window(s) of **time** available
 - Desired lesson **duration**
 - Desired **start date**
 - Recurring Lesson or Single Lesson
 - Your contact information
- Receive an email with timeslot and start date
- Email me back to confirm you can attend (*You are agreeing to pay for the lesson at this point unless you cancel 24 hours beforehand*)
- Receive a confirmation email

Please do not assume that I got your confirmation email (step 3 above). **I will not be at the gym for a lesson unless I get a confirmation email from you.** If you don't get a confirmation email from me, please email again!

Recurring lessons

If you set up recurring lessons this means that I will reserve your timeslot indefinitely.

You will need email me with 24 hours notice if you would like to stop your recurring lessons. Remember these types of messages need to be emailed even if you tell me in person.

Single Lesson Sign Up

You simply may email me each week to set up a lesson without committing to a recurring timeslot.

NOTE: Due to a conflict of interest with Capital Cheer Allstars, I cannot teach athletes who are currently part of other Competitive Allstar Cheer Programs.